

**BARBADOS COMMUNITY COLLEGE**  
**DIVISION OF GENERAL & CONTINUING EDUCATION**  
**GEED140 – INTRODUCTION TO PSYCHOLOGY**

**CONTACT HOURS:** 45  
**CREDITS:** 3  
**TUTOR:** JOMO M. PHILLIPS, MSSW-MFT  
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**COURSE DESCRIPTION:**

This Course will introduce students to established principles governing human behaviour. It will show the relationship between biological and environmental factors in the development of personality and human learning and behaviour. It will explore the structure and dynamics of personality from several theoretical perspectives. Deviant behaviour and the dynamics of social interaction will be examined.

**METHOD OF INSTRUCTION:**

This course primarily follows a lecture-discussion format. Other methods include small group discussion, student presentations and the use of visual stimuli where appropriate.

**METHOD OF EVALUATION:**

Students will be evaluated through class and homework assignments. The final grade will be based on a combination of work assessed during the semester and a final examination mark. The final examination will comprise a thirty (30) multiple choice questions, two essays, and a short-answer section. The weighting of the semester marks and examination marks is 40: 60.

## **GENERAL OBJECTIVES:**

At the completion of this course students will be able to:

- I. Define behaviour and state the goals of psychology;
- II. Identify the major theories in psychology;
- III. List and explain the stages of psychological development and personality theories;
- IV. Demonstrate skills in social behaviour- interpersonal communication and perception;
- V. Explain the nature of stress and its impact of lifestyle and health;
- VI. List and explain abnormal behaviour;
- VII. Explain the method of psychotherapy used to identify and treat simple psychopathology;
- VIII. Explain the concepts and applications of social psychology.

## **COURSE CONTENT:**

- I. The evolution of psychology
- II. Psychology and the research enterprise
- III. Biological foundations of behaviour
- IV. Sensation and perception
- V. Variations in consciousness
- VI. Learning and memory
- VII. Language and thought
- VIII. Motivation and emotion
- IX. Developmental psychology
- X. Personality and individuality
- XI. Social psychology
- XII. Stress, health and coping
- XIII. Abnormal behaviour
- XIV. Psychotherapy

## **REQUIRED TEXT:**

Wayne Weiten – Psychology: Themes and variations